



# The Accelerator



WEEKLY NEWSLETTER – THE ROTARY CLUB OF PITTSFORD, NY

Meets every Wednesday - Hicks & McCarthy @ 7:15 am sharp

March 2, 2005

This Week's Reporters: Jim Cameron & Bruce Spector

Publisher: Jim Murphy

Editor: Rick Haverty

Editor Emeritus: Ray Robbins

Photos: Jim Cameron

**ROTARY TEAM** Presiding: John Bernacki

Invocation: Dave Spaker

Musical Coordinator – Lynn Freshman

Sergeant-at-arms: Frank Burns

**MARCH 7-13 IS WORLD ROTARACT WEEK**

## Jackie Steiner & Steve Chartrand tell us about the ARC of Monroe County

- story below

VISITING ROTARIANS / GUESTS: Speakers Jackie Steiner and Steve Chartrand from ARC of Monroe County, Ellen Weber and Gerry Gambino who were inducted into Pittsford Rotary today and prospective member Robyn McMaster.



Speaker Steve Chartrand

ATTENDANCE – 32 members, 4 guests, 0 visiting Rotarians and 1 Honorary Member

### MEMBER NEWS

News

Please forward any member news to Rick Haverty – email, phone, and napkins all work.

**Ric Juskiewicz** surprised everyone by attending today's meeting and looking more fit and healthy than many in the room. Rick, who is counting his blessings, is still recovering from triple-bypass surgery, so he skipped the bacon and eggs on the breakfast buffet.



Two new inductees: This morning **Ellen Weber** and **Jerry Gambino** were made members of our club. Seen in this photo are Jim Murphy (sponsor for Ellen), Ellen Weber, Jerry Gambino, and sponsor Bruce Spector. There are now 54 active members in the Rotary Club of Pittsford and 4 honorary members. Welcome to the fold Ellen & Jerry.

In case you were wondering what our snow birds do at their weekly meetings, **Beans Bement** reports that the Vero Beach sunrise club had a visit from their GSE team from Italy and heard an informative talk on HIV and AIDS. Beans also noted they have a warm breakfast buffet for \$7.00.

CLUB Attendance - Our attendance figure for January – 79 % \* **Be sure you receive credit for your make-ups by either email or other notice to our club secretary (Jim Cameron - [graphics@frontiernet.net](mailto:graphics@frontiernet.net) ).**



## ANNOUNCEMENTS

**IF YOU HAVE AN ANNOUNCEMENT:** If you have an announcement to make at a club meeting please provide the details to Rick Haverty in writing for inclusion in the newsletter. The deadline is noon Wednesday for that week's edition. Email [rhaverty@rochester.rr.com](mailto:rhaverty@rochester.rr.com) or a written note at the meeting will do.

**ANNUAL SERVICE AWARD NOMINEES:** Mary Alice Price reminded us of March nominations for a June award to a Pittsford resident who is not a member of Pittsford Rotary. Nominees must exemplify Service Above Self, with a significant contribution above and beyond their usual job responsibilities. Please let Mary Alice know of potential nominees.

**RONALD McDONALD HOUSE DINNERS:** Bobbie Gardiner thanked Bill Pieper, Jack Pickering, Russ Crook and Robin Crook, Bob Vukosic and Bruce Spector for providing dinner on Thursday, February 17 at Ronald McDonald House. Another dinner is scheduled for March 15, and a sign-up sheet was passed around at the meeting. Call Bobbie if you missed the sheet and want to help out.

**TASTE OF PITTSFORD UPDATE:** Time and tickets are both running out. Please contact Lynn Freshman if you need Taste of Pittsford tickets, or if you have money for tickets that have been sold.

**GOLF TOURNAMENT UPDATES:** Peter Crooker thanked Jack Pickering for signing up golf hole sponsors Don Allen Agency and Davie Kaplan Chapman Braverman as numbers 36 and 37 on the way to 50 sponsors. It looks like we will be raffling off another trip for two to Ireland this year. With a little luck tickets will be ready for St. Patrick Day sales. Our sponsor has obtained three nights in Dublin, three nights in Donegal, six rounds of golf, and a car rental. We will throw in round-trip airfare for a package valued at over \$5,000!

**WALK AMERICA:** Fred Kopp will coordinate our participation in the Walk America supporting the March of Dimes to be held in April. Teams are being formed, with members of Rotary, Rotaract and Interact. Fred will find out more at a March 4 meeting, to be held at 7:30 a.m. at Irondequoit Country Club. Fred invited other club members to attend.

**THE CENTENNIAL PROJECT LIVES:** Chairperson of the Centennial project, Jim Murphy, told us that every Rotary club has a Centennial Project and ours is related to the garden at the new library. The Pittsford Rotary Board and the Pittsford Rotary Foundation Board are supporting this project. The details of our participation are not finalized, and might not be "maintenance of the garden". There will be a meeting on March 23 with the library group to discuss the details.

**DISTRICT CONFERENCE INFORMATION:** This year's District Conference will be held from April 15-17, 2005. The Conference is a social event and will be held at Kutsher's Golf Resort, Monticello, NY. We were told that is where many prize fighters had once trained. A registration form can be found on the district web site - <http://www.rotary7120.org/Conference/Conf2005.htm> . The registration fee is \$45 per couple and accommodations are available for from as low as \$375 (single) to a deluxe double rate of \$522. The rates are "all inclusive" – meals, cocktail hours, Rotary events, wine tasting, and rooms. For details please visit the District web site.

## FEATURES



### THIS WEEKS PROGRAM

**MUSIC:** America the Beautiful

**PROGRAM:** Steve Chartrand, the CEO of Arc Foundation, told us that The Arc of Monroe County was founded around 1956 by families of people with developmental disabilities and mental retardation. The organization has grown to 33 locations and 3 sheltered workshops helping 3500 people from the Rochester area. Arc serves primarily adults, and some children. Steve's job is to raise money, then to give it away. He described examples of the "Dream it, do it" program. One gentleman 55 years old wanted to take his mother to dinner in a limousine. Through donations and support of a restaurateur, the dream came true. A 12-year-old girl, who suffers seizures from summer heat, wanted a pool. Through help from a local pool company, a local utility and BOCES, the dream came true. There is a guardianship program, where Arc legally adopts 38 or 39 people and makes certain decisions for them. There is an enrichment program at RIT, where 120 applicants vie for 30-40 spots for a week of classes in foreign languages, golf and other subjects. Of the \$28 million budget, 73% comes from Medicaid, with other funding from the private sector and businesses.

Jackie Steiner, Coordinator of Volunteer/Community Inclusion at Arc, described what Arc can do for the community. Staff and clients rang the Salvation Army bells at Marketplace Mall on Tuesdays last December. They make Ronald McDonald House breakfast and dinner on alternating months. They participate in the Polar Plunge, which raised \$1600 on February 6. With the One Good Turn program, staff is allowed to spend up to 10 hours during a work week on volunteer support in the community. Jackie asked if WE NEED VOLUNTEERS for our activities. Arc clients are excited to help others and get out into the community for a day, while receiving the same gratification that we receive when we help those in need. Their web link is <http://www.arcmonroe.org/>



**HAPPY DOLLARS & FINES:** Dennis Price gave a scooter dollar from last week. Bobbie Gardiner was happy to be back after 6 1/2 weeks out with foot surgery. Bruce Sector gave a happy dollar for Jerry Gambino's induction. Kevin O'Grady is back from ski trip with all limbs in tact. Pat Mallory paying for commercial time, an ad for the directory, and need applications in for the district conference. Jim Murphy, Ed Francis, Tom Kremers, and Pat Mallory went to the Mini-District Centennial dinner last Wednesday. Jim Murphy gave for Peter Crooker and the induction of new members.

Ken & Jan Smith dropped a cool \$20 for being back from Florida and wondering why they came back to this weather? Bill (Billy Pieper - goes by Bill now) welcome back to Rick J, Ray and Bobbie and good health to all. Hank Ferris is back from vacation (this guy must have a lot of vacation hide-outs). Peter Crooker gave for Ed...he HAD a pin today.

**50/50 DRAWING:** Jim Murphy and Jim Cameron were the lucky almost winners, but neither pulled an ace. The \$17 pot will begin to grow again.

**ROTARY INFORMATION:** **Have a computer? Then there is no excuse not to have a make-up for a missed meeting.** While the fellowship of a real Rotary Club meeting can't be matched on-line, you can still fit a make-up into a tough week by using the ROTARY eCLUB web site. By spending thirty minutes on-line at <http://www.rotaryclubone.org/> you can ask for a make-up request and be granted one that is Rotary International sanctioned. The web site is particularly useful if you are laid up for a period of time (although health related leaves are available upon request) or if you just have a difficult schedule to manage. Here's a real benefit – you can choose the program you'd like to attend on any given week. There is a list of recent programs as well as an archive with dozens of others. Even if you don't need a make-up these 30 minute programs can be very interesting & educational. The web site is free to use, but they suggest you send the price of a lunch if you're using it for a make-up to help support the site. Here are a few of the more recent programs;



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### **HONG KONG DISTRICT AIDS INDONESIA'S TSUNAMI SURVIVORS**

On 9 January, Mak, governor of District 3450, traveled to Medan, more than 200 miles down the eastern coast from Banda Aceh, to find out how Rotary clubs in Hong Kong might assist. He then flew on a plane chartered by the Salvation Army to Meulabo, on Sumatra's western shore. Just 90 miles from the epicenter of the quake, Meulabo is the worst-hit town in Indonesia.

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### **IRAQ: ELECTIONS, THE SUNNIS AND THE INSURGENCY**

**By Lt. Col. Rick Francona (Retired)**

Rotarian Lt. Col. Rick Francona (Retired) has presented two eClub One programs on the Middle East and Iraq. Here is his update on Iraq. Currently Rick is under contract to NBC as a Middle East military analyst.

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### **GIVING SERIES by Enid Ablowitz EFFECTIVE GIVING**

People give for many reasons, but most who give care about how their money is used. The more people give, the more they care. The more they care, the more they give.

[About Enid](#)

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### **ABOUT ROTARACT**

**History, News and Guidelines regarding this Rotary youth program**

Through the Rotaract program, young adults not only augment their knowledge and skills, but they also address the physical and social needs of their communities while promoting international understanding and peace through a framework of friendship and service.

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### **VOCATIONAL TALK - ECLUB ONE PROGRAM SERIES**

This program series will introduce you to the members and Friends of Rotary eClub One, by sharing their Vocational talks, a traditional part of new member induction. From the Object of Rotary: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying by each Rotarian of his/her occupation as an opportunity to serve society.

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### **MY HOME TOWN - ECLUB ONE PROGRAM SERIES**

This program series provides an opportunity for members and Friends Of eClub One to share information about their own Rotary community. Each Rotarian has their own stories about their "home town" and how Rotary has made a change in the lives of people in that community. These stories are shared so that visitors can see that those participating in Rotary through their association with eClub One bring Service Above Self to their own community.

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### **PERSONAL GROWTH SERIES FOR ROTARIANS**

#### **15 EZINE ARTICLE IDEAS**

**By Christopher Knight**

Are you ever sitting at your computer with your eyes in a blank stare and your fingers ready at the keyboard, but you're stumped for ideas on what your next email newsletter article should be about? Here are my top 15 ideas to help spark your creative writing imagination to crank out your next ezine article!

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### **ON THE ROAD WITH ROTARY**

Rotarians PDG Gerry Roberts (D5230) and Dee. Join them in their odyssey across America visiting the sights and Rotary Clubs along the way. More than 30 travel-logs now available.

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### **YOUTH EXCHANGE SERIES**

Rotary Youth Exchange is an outstanding program. Each year 9,000 students worldwide go abroad. About 70% of those students go on a year long academic exchange. Meet Brendan from Denver (Outbound) and Pernille from Denmark (Inbound). They will spend the 2003-2004 school year in Rome and Lakewood and take us along on their individual adventures.

Read the special article from the young man from Czech Republic upon his return home.

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As with any make-up, real life or cyber space, all you have to do is inform our club secretary (currently Jim Cameron) of your activity and voile, you get credit and so does the club. If you are falling below your commitment of 60% attendance, then you definitely should use this site. If you're above 60% but below 100% you should consider attempting to reach 100%. If you're at 100% or above, you'll probably try this out anyway because you're obviously dedicated to Rotary.

**QUOTE OF THE WEEK:** *"Manners are a sensitive awareness of the feelings of others. If you have that awareness, you have good manners, no matter what fork you use."* - **Emily Post**

**JUST FOR FUN: Those interesting old stories...(warning – these may be of questionable reliability)**

In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence we have the phrase "goodnight, sleep tight".

It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month we know today as the honeymoon.

In English pubs, ale is ordered by pints and quarts. So in old England, when customers got unruly, the bartender would yell at them to mind their own pints and quarts and settle down. It's where we get the phrase "mind your P's and Q's"

Many years ago in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they would mouth the whistle give it a blow to get some service. "Wet your whistle" is the phrase inspired by this practice.

In Scotland, a new game was invented. It was entitled Gentlemen Only Ladies Forbidden.... and thus the word GOLF entered into the English language.

**OTHER CLUB / DISTRICT EVENTS**

- **March 18-19** Multi-District PETS (Wyndham Hotel, Syracuse)
- **April 15-17** District Conference (Kutsher's Golf Resort, Monticello, NY)
- **April 30** District Assembly (8:30AM, Honeoye Central School)
- **June 19-22** Rotary International Convention (Chicago, IL)
- **June 26** District Changeover Dinner

**UPCOMING EVENTS AND VOLUNTEER OPPORTUNITIES**

**On-Going –**

- 15 March - Ronald McDonald House** Dinner – see Bobbie Gardiner
- 21 March – A TASTE OF PITTSFORD** – Monday evening at Nazareth
- 7 May – KID'S FISHING DERBY** – Powder Mill Park

**MEETING SCHEDULE & SPEAKERS**

If you know someone who would be an interesting speaker contact Lynn Freshman for scheduling.

Attendance Assignments: March - Peggy Martin \* April – TBD \* May - Doug Trolley \* June – TBD

CLUB BOARD MEETINGS – First Thursday of each month @ Pittsford Wegman's Market Café (upstairs) 7:00 am  
 FOUNDATION BOARD MEETINGS – Following the regular meeting on the third Wednesday of every month.

DATE	SPEAKER	PROGRAM	ORGANIZATION	GREETER
3/9/05	Linda Baney	District 7120 2005 District Conference	Rotary District 7120	Bruce Spector
3/16/05	Michael Tobin	St. John Fisher College Relay for Life	American Cancer Society	Jeff Staples
3/23/05	Paul Stewart	Director of the Equinox Symphony	Equinox Symphony	Bob Vukosic
3/30/05	John Bernacki	Club Assembly	Rotary Club of Pittsford	Matt Wahl
4/6/05	Nat Donovan	Bringing Relief to Tsunami Victims in SE Asia	Rotary Club of Fairport	Roger Zaenglein
4/13/05	Shilling	Early Rochester Transportation	Rochester	Peter Brizee
4/20/05	Bob Corby	Village of Pittsford Mayor	Author/Historian Village of	Jim Cameron

4/27/05

Ted Curtis

News about the Erie Canal

Pittsford  
Sam Patch (the  
boat)

Ray Cornelius

**HELPFUL ROTARY LINKS:**

<http://www.rotary.org/> - Rotary International

<http://www.pittsfordrotary.org/> - Our club's website

<http://www.rotary7120.org/> - Our District

**NAZARETH ROTARACT** - Rotaract

**The Rotary Club of Pittsford, New York**

**1-800-867-0513 extension 388**

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President Elect – [Pat Mallery](#)  
Vice President – [Lynn Freshman](#)  
Secretary – [Jim Cameron](#)  
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Past President – [Rick Haverty](#)  
Sergeant-At-Arms – Frank Burns



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[Bob Thompson](#) – Pittsford Projects  
Vocational Service – [Mary Alice Price](#)  
International Service – [Bob Vukosic](#)

**FOUNDATION OF THE ROTARY CLUB OF PITTSFORD (2004-2005)**

Chair – Matt Wahl (6/30/05)

Club President – John Bernacki (6/30/05)

Treasurer – Roger Zaenglein (life term)

*Other Voting Members:*

Ray Cornelius (6/30/05)

Brian Marcellus (6/30/07)

Gaven Hurley (6/30/06)

Jim Murphy (6/30/06)

Don Henderson (6/30/07)



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Second Annual  
"Taste of Pittsford"  
Monday, March 21, 2005  
at Nazareth College  
Tickets \$40.00 (limited to 350)  
Contact: Gaven Hurley  
387-0813

