



# The Accelerator



WEEKLY NEWSLETTER – THE ROTARY CLUB OF PITTSFORD, NY

Meets every Wednesday - Hicks & McCarthy @ 7:15 am sharp

February 16, 2005

This Week's Reporters: Jim Cameron & Bruce Spector

Publisher: Jim Murphy

Editor: Rick Haverty

Editor Emeritus: Ray Robbins

Photos: Rick Haverty

**ROTARY TEAM** Presiding: John Bernacki

Invocation: Gaven Hurley

Musical Coordinator – Lynn Freshman

Sergeant-at-arms: Frank Burns

**FEBRUARY IS ROTARY WORLD UNDERSTANDING MONTH**

## Jack Pickering; Red Sox fan & great Rotarian tells his life story - story below

VISITING ROTARIANS / GUESTS: Tom Welgen, Fred Blum, and Jerry Gambino.

ATTENDANCE – 26 members, 2 guests, 1 visiting Rotarians and 0 Honorary Members



### MEMBER NEWS



Please forward any member news to Rick Haverty – email, phone, and napkins all work.

**Ric Juskavich is in the hospital:** Ric was admitted to Strong hospital after having chest pains this past weekend. He underwent a triple by-pass this morning (Wednesday). The folks at the Duncan Studio can provide updates. Their number is 586-3350.

**Ray Robbins is convalescing at home:** Phone calls and / or visits are welcome. If anyone can dig up a bottle of Moxie it may help speed his recovery.

CLUB Attendance - Our attendance figure for January – 79 % \* **Be sure you receive credit for your make-ups by either email or other notice to our club secretary (Jim Cameron - [graphics@frontiernet.net](mailto:graphics@frontiernet.net) ).**



### ANNOUNCEMENTS

**IF YOU HAVE AN ANNOUNCEMENT:** If you have an announcement to make at a club meeting please provide the details to Rick Haverty in writing for inclusion in the newsletter. The deadline is noon Wednesday for that week's edition. Email [rhaverty@rochester.rr.com](mailto:rhaverty@rochester.rr.com) or a written note at the meeting will do.

**TASTE OF PITTSFORD TICKETS ON SALE:** Please contact Lynn Freshman if you need Taste of Pittsford tickets. They are going quickly – Lynn only had 13 with her this morning.

**BREAKFAST SURVEY:** Bob Vukosic conducted a breakfast survey this morning to help determine if the club wants to continue the buffet style we've had for the past four or five weeks or try something else. The reason we tried the buffet was to respond to the club evaluation



**DICTIONARY THANK YOU NOTES:** Mike Doughty read several thank you notes from third graders. They were very entertaining – funny, cute, insightful. The dictionary project has been run for the past three years.

**EMPIRE STATE BUILDING ILLUMINATED FOR ROTARY:** Gaven Hurley reported the Empire State building will be illuminated in Rotary Blue and Gold next Wednesday for the 100<sup>th</sup> birthday.

**DISTRICT CONFERENCE INFORMATION:** This year's District Conference will be held from April 15-17, 2005. The Conference is a social event and will be held at Kutsher's Golf Resort, Monticello, NY. We were told that is where many prize fighters had once trained. A registration form can be found on the district web site - <http://www.rotary7120.org/Conference/Conf2005.htm> . The registration fee is \$45 per couple and accommodations are available for from as low as \$375 (single) to a deluxe double rate of \$522. The rates are "all inclusive" – meals, cocktail hours, Rotary events, wine tasting, and rooms. For details please visit the District web site.

**GOLF TOURNAMENT UPDATE:** Pete Crooker announced Martino Flynn is the latest new hole sponsor. We have over thirty sponsors to date and Gerry has set a new Pittsford Rotary record – keep them coming in.



## FEATURES

### THIS WEEKS PROGRAM

**MUSIC:** We sang "Viva La Rotary" like a pack of dogs (you had to hear Gaven's invocation to appreciate it).

**PROGRAM:** Jack Pickering was our speaker this morning. Jack was born in Rochester in 1942 and moved to Greece as a young fellow. He has two younger brothers. His brother Paul works with Catholic Home Charities. Brother Tom was a research chemist at Xerox. Jack has always been into sports and particularly loves baseball. He went to Niagara University and took accounting and played shortstop (and pitched some). He also enjoyed basketball and roots for Syracuse these days. After graduating in 1964 he went to work for General Motors. He and Sue were married that year. They have four girls, Jackie, Sherry, Sandy, and Liz and a son Phillip. Since 1975 Jack has been working for Morse Lumber where he is the controller. In 1998 Jack made the move "across the river" to East Rochester. He married Jan in 2001 and went on a windjammer cruise off the coast of Maine. Jack had never been on the ocean before. He may have seen a few of Ray Robbins' lobster traps. Jan has two daughters, bringing Jack's brood to a total of seven children. At the tender age of 63 Jack has three grandchildren and a Corgi named Chaps. He took up golf late in life, but it has become a passion. Jack's brother is a Rotarian. That combined with his desire to get out and help other as well as to meet more people was the reason Jack sought out and joined Rotary. Above all his other positive attributes, Jack is a die-hard Red Sox fan.



**HAPPY DOLLARS & FINES:** Pete Crooker gave one for Jack's presentation. Rick Haverty gave for Ric J's quick recovery. Hank Ferris was in Aspen, Co skiing & snowboarding. Peter was in Florida. Lynn Freshman was outside Sarasota for five days. Jim Cameron fined himself for not having his pin. Ed Francis admitted he had no pin as well. Elthea King is a great grandmother. Ben Johnson had no pin. Pat Mallery

gave for Tom Kremers who filled in to help out with Interact and another for the 3<sup>rd</sup> annual Pittsford Father-Daughter Valentine dance. Gaven Hurley gave for Ric being smart enough not to ignore his problem. Jim Murphy because Fred Blum donated \$20K of dental work to two families who's fathers / dads are in Iraq. Mike Doughty just turned 30 – the 2<sup>nd</sup> youngest in our club.

**50/50 DRAWING:** The new pot is \$17 after John Bernacki took the big one last week. Mike Doughty drew and eight. Roger Zaenglein picked a four. So once again, the pot begins to grow.

**ROTARY INFORMATION: From Roger Zaenglein –  
MISSION STATEMENT**

**OF**

**FOUNDATION OF THE ROTARY CLUB OF PITTSFORD, NEW YORK, INC.**

**The Corporation is formed for the following charitable purposes:**

- A. To encourage and recognize outstanding achievements of citizens and their contributions to the community;**
- B. To aid and assist the handicapped, distressed and elderly residents;**
- C. To grant scholarships to children, youth and adults to further their educational development;**
- D. To do any and all other lawful acts, alone or in cooperation with other persons or organizations, which may be necessary, appropriate or incidental to accomplishing the foregoing purposes.**

**Adopted February 16, 2001**

**QUOTE OF THE WEEK:** *"If a friend is in trouble, don't annoy him by asking if there is anything you can do. Think up something appropriate and do it."* - **Edgar Watson Howe**

**JUST FOR FUN: Health and Beauty tips from Jim Cameron, WD (Witch Doctor);**

Drinking two glasses of Gatorade can relieve headache pain almost immediately -- without the unpleasant side effects caused by traditional "pain relievers."

Did you know that Colgate Toothpaste makes an excellent salve for burns?

Achy muscles from a bout of the flu? Mix 1 Tablespoon of Horseradish in a cup of Olive Oil. Let the mixture sit for 30 minutes, then apply it as a massage oil, for instant relief for aching muscles.

Sore Throat? Just mix 1/4 cup of vinegar with 1/4 cup of honey and take 1tablespoon six times a day. The vinegar kills the bacteria.

Eliminate puffiness under your eyes..... All you need is a dab of Preparation H, carefully rubbed into the skin, avoiding the eyes. The hemorrhoid ointment acts as a vasoconstrictor, relieving the swelling instantly.

Honey remedy for skin blemishes... Cover the blemish with a dab of honey and place a band-aid over it. Honey kills the bacteria, keeps the skin sterile, and speeds healing. Works overnight.

Coca-Cola cure for rust... Forget those expensive rust removers. Just saturate an abrasive sponge with Coca Cola and scrub the rust stain. The phosphoric acid in the coke is what gets the job done.

Cleaning liquid that doubles as bug killer... If menacing bees, wasps, hornets, or yellow jackets get in your home and you can't find the insecticide, try a spray of Formula 409. Insects drop to the ground instantly.

Smart splinter remover... just pour a drop of Elmer's Glue all over the splinter, let dry, and peel the dried glue off the skin. The splinter sticks to the dried glue.

Heinz Vinegar to heal bruises... Soak a cotton ball in white vinegar and apply it to the bruise for 1 hour. The vinegar reduces the blueness and speeds up the healing process.

Quaker Oats for fast pain relief.... It's not for breakfast anymore! Mix 2 cups of Quaker Oats and 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from arthritis pain.

## OTHER CLUB / DISTRICT EVENTS

- **February 23** Centennial Day- all clubs in district meet this day
- **March 18-19** Multi-District PETS (Wyndham Hotel, Syracuse)
- **April 15-17** District Conference (Kutsher's Golf Resort, Monticello, NY)
- **April 30** District Assembly (8:30AM, Honeoye Central School)
- **June 19-22** Rotary International Convention (Chicago, IL)
- **June 26** District Changeover Dinner

## UPCOMING EVENTS AND VOLUNTEER OPPORTUNITIES

**On-Going –**

**15 March - Ronald McDonald House** Dinner – see Bobbie Gardiner

**21 March – A TASTE OF PITTSFORD** – Monday evening at Nazareth

**7 May – KID'S FISHING DERBY** – Powder Mill Park

## MEETING SCHEDULE & SPEAKERS

If you know someone who would be an interesting speaker contact Lynn Freshman for scheduling.

Attendance Assignments: February - Jack Pickering \* March - Peggy Martin \* April – TBD \* May - Doug Trolley \* June – TBD

CLUB BOARD MEETINGS – First Thursday of each month @ Pittsford Wegman's Market Café (upstairs) 7:00 am  
 FOUNDATION BOARD MEETINGS – Following the regular meeting on the third Wednesday of every month.

DATE	SPEAKER	PROGRAM	ORGANIZATION	GREETER
2/23/05	Gaven Hurley	ROTARY'S 100 <sup>th</sup> ANNIVERSARY	Pittsford Rotary	Peter Brizee
3/2/05	Jackie Steiner	Volunteer Director form the ARC of Monroe County	ARC of Monroe County	Dave Spaker
3/9/05	Linda Baney	District 7120 2005 District Conference	Rotary District 7120	Bruce Spector
3/16/05	Michael Tobin	St. John Fisher College Relay for Life	American Cancer Society	Jeff Staples
3/23/05	Paul Stewart	Director of the Equinox Symphony	Equinox Symphony	Gerry Vesling
3/30/05	John Bernacki	Club Assembly	Rotary Club of Pittsford	Bob Vukosic
4/6/05	Nat Yogachandra Donovan	Bringing Relief to Tsunami Victims in SE Asia	Rotary Club of Fairport	Matt Wahl
4/13/05	Shilling	Early Rochester Transportation	Rochester Author/Historian	Roger Zaenglein

### HELPFUL ROTARY LINKS:

<http://www.rotary.org/> - Rotary International

<http://www.pittsfordrotary.org/> - Our club's website

<http://www.rotary7120.org/> - Our District

[NAZARETH ROTARACT](#) – Rotaract

**The Rotary Club of Pittsford, New York**

**1-800-867-0513 extension 388**

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Second Annual  
"Taste of Pittsford"  
Monday, March 21, 2005  
at Nazareth College  
Tickets \$40.00 (limited to 350)  
Contact: Gaven Hurley  
387-0813

